

# WHAT TO EXPECT AT YOUR KENDALL ENDOSCOPY AND SURGERY CENTER VISIT

## Before Your Visit – Preparation

Your doctor should have given you instructions to get ready for your test. Please follow the instructions carefully; your test results depend on it!

- **No eating** the day before your test.
- **No drinking** anything at least **2 hours before** your test.
- Bring a **list of all your medications**, including vitamins, dosages and how often.

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## When You Arrive – Registration

You'll check in at the front desk of the KESC building.

- You'll be asked to confirm your address, phone number, and insurance.
- Bring your **insurance card, photo ID**, and any payment you're responsible for.
- Your **driver** can wait in the waiting area or in the car and come back when you're ready to go home.

**Note:** You cannot take a taxi or Uber home. You must have a responsible adult to drive you.

- Please bring **only one person** with you if possible. Our waiting room has limited space.

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## The Procedure

When it's your turn:

- You'll sign consent forms and answer a few medical questions.
- You'll change into a gown (wear clothes that are easy to take off and put back on).
- We'll give you a bag for your belongings. Please **don't bring jewelry or valuables**.
- You can keep your socks on if you get cold. We'll also provide blankets.
- You'll be connected to monitors to check your heart rate, oxygen, and blood pressure.
- A nurse will start an IV for your sedation.
- You'll meet the anesthesia provider before the procedure starts to answer any questions or concerns about the anesthesia plan.

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## After the Procedure – Recovery

- You'll wake up in the recovery area and may feel a little confused at first—that's normal.
- Nurses will monitor you until you're back to normal.
- Most people are ready to get dressed within **15–30 minutes**.
- Once awake and stable, all monitors and the small tube (IV) we used to give you medicine will be removed.
- A center employee will assist you with transfers, toileting, ambulation and dressing.
- You'll sit in a recliner and be offered something to drink to make sure you're swallowing well.
- Your doctor will talk to you before you leave.
- A nurse will go over your **discharge instructions**, and you'll get a written copy too.
- Once you're ready to go home, a staff member will walk you out to the lobby where your designated driver is waiting to take you home.

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## Important Reminder:

- Please read your instructions carefully and phone your physician's office with any questions.
- **You cannot drive yourself home.**
- You must have a **responsible adult** to take you home safely or procedure will be canceled.

## Delays

We try to stay on schedule, but sometimes procedures take longer than expected because every patient is different. If someone who arrived after you is called in first, it may be because they're seeing a different doctor. We often have up to four physicians working at the same time.

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## Insurance & Payment

Before your procedure, someone from our business office will call you to confirm your arrival time and let you know about any co-pays or deductibles.

If you don't hear from us **two days before** your procedure, please call us at **(305) 270-7572**.

## We accept:

- Cash
- Check
- Visa, MasterCard, Discover
- American Express
- Care Credit

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## PLEASE NOTE:

**Anesthesia and pathology fees are separate** from the facility fee.

- You'll get a separate bill from the anesthesia provider.
- If any tissue samples (like biopsies) are taken, the pathologist will also bill your insurance separately.

**Kendall Endoscopy and Surgery Center**

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